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Clinicopathological findings in dogs with cardiac diseases

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Abstract

In the present study 10,921 canine clinical cases suspected for various cardiac diseases were screened. Ten apparently healthy dogs were selected as control group and twenty seven clinical cases of dogs with various cardiac diseases were examined. In the present study there was significant (P<0.05) decrease in haemoglobin, PCV, lymphocytes and platelet count and significant (P<0.05) increase in total leukocyte count and neutrophils in dogs with cardiac diseases. Significant (P<0.05) increase in ALT, AST and BUN levels and significant (P<0.05) decrease in total protein values were noticed in dogs with cardiac diseases. Non-significant decrease in albumin levels and no significant change in creatinine levels were observed between healthy dogs and dogs with cardiac diseases. It was concluded in initial stages of cardiac diseases till cardiac renal syndrome gets deeply involved, there won't be any clinicopathological changes like haemogram, leukogram and routine biochemical changes significant for cardiac involvement.

Keywords: ALT, AST, cardiac diseases, haemoglobin and platelet count

Introduction

Cardiac diseases in canines are extensively studied but meagre information has been reported all over the world and also in India [1]. Recognition of canine cardiac diseases has been delayed and ignored on account of lack of awareness and knowledge by the owner and inadequate diagnostic facility in our country [2]. Despite these numbers, many people are unaware that their dog may be at risk of cardiac disease. It is important that every dog considered vulnerable to cardiac diseases should be examined for cardiac function during routine examination [3]. A delay in diagnosis and treatment could result in a grave prognosis or life threating condition. Most of the times cardiac diseases are detected too late until pronounced signs appear [4]. The present study was conducted to record the haematobiochemical changes in dogs with cardiac diseases.

Materials and Methods

In the present study 10,921 canine clinical cases suspected for various cardiac diseases were screened with specially designed cardiac data sheet at Veterinary Clinical Complex, College of Veterinary Science, Tirupati in the year 2019. Ten apparently healthy dogs were selected as control group and clinical cases of dogs with various cardiac diseases were examined. These clinical cases were subjected to thorough clinical examination, ECG, thoracic radiography. From twenty seven clinical cases, confirmed for cardiac diseases blood was collected for clinicopathological examination. Haemogram and biochemical analysis were performed as per the standard methods at Veterinary Diagnostic Laboratory, Veterinary Clinical Complex. The results were analysed statistically by performing T- test using statistical analysis tool pack, SPSS software version 20.

Results and Discussion

In ten apparently healthy dogs and in twenty seven dogs with cardiac diseases the mean values of haemoglobin, packed cell volume (PCV), total leukocyte count (TLC), neutrophils, lymphocytes and platelet count were shown in Table 1.

Table 1: Mean values of haematology parameters

Parameter	Control Group	Dogs with cardiac diseases
Haemoglobin (gm%)	13.67 ± 0.49	8.43 ± 0.49*
PCV (%)	39.89 ± 1.55	25.22 ± 4.24*
TLC (thousands/ µl)	11.8 ± 1.01	25.08 ± 4.92*
Neutrophils (%)	70 ± 2.92	84.9 ± 1.8*
Lymphocytes (%)	29.9 ± 1.59	13.72 ± 1.8*
Platelet count (lakhs/µl)	3.58 ± 0.63	1.88 ± 0.19*

^{*} Significant at P<0.01, T- test

In the present study significant (P<0.05) decrease in haemoglobin, PCV and lymphocytes and significant (P<0.05) increase in total leukocyte count, neutrophils and in dogs with cardiac diseases. Similar findings were reported by earlier authors ^[4-8]. Significant (P<0.05) decrease in platelet count was observed in dogs with cardiac diseases and it was in accordance with Deepti and Yathiraj ^[7]. Farabough $et\ al.\ ^{[5]}$ indicated that clinical implications of these findings were not known but in human beings, low haemoglobin levels are predictors of mortality in people. The changes in hematology parameters might be due to neurohormonal alterations in congestive heart failure ^[9].

Mean values of ALT, AST, BUN, creatinine, total protein and albumin in healthy dogs and in dogs with cardiac diseases were shown in Table 2.

Table 2: Mean values of biochemical parameters

Parameter	Control	Dogs with cardiac diseases
ALT (IU/L)	19.93 ± 4.87	123.47 ± 28.35*
AST (IU/L)	21.54 ± 4.59	182.28 ± 57.29*
BUN (mg/dl)	12.52 ± 1.65	29.38 ± 5.73*
Creatinine (mg/dl)	1.54 ± 0.13	1.73 ± 0.05
Total Protein (g/dl)	8.72 ± 0.14	$5.21 \pm 0.45*$
Albumin (g/dl)	3.44 ± 0.23	1.86 ± 0.24

^{*} Significant at P<0.01, T- test

There was significant (P<0.05) increase in ALT, AST and BUN levels and significant (P<0.05) decrease in total protein values were noticed in dogs with cardiac diseases. Increases in ALT levels were observed by Ristic ^[9] and Oslen *et al.* ^[10] who indicated that increase in ALT might be due to hepatic congestion. Increased BUN levels were noticed by earlier authors ^[4, 11, 12]. Dogs with dilated cardiac myopathy were highly prone for kidney failure through reduced cardiac output due to systolic failure. Renal arterial and renal blood flow was reduced due to secondary effects of low cardiac output ^[13]. Non-significant decrease in albumin levels and no significant change in creatinine levels were observed between healthy dogs and dogs with cardiac diseases.

Conclusion

In initial stages of cardiac diseases till cardiac renal syndrome gets deeply involved, there won't be any clinicopathological changes like haemogram, leukogram and routine biochemical changes significant for cardiac involvement.

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