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Prevalence of diseases and disorders of reptiles at Veterinary Hospital of Kamdhenu University, Gujarat, India

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Abstract

Veterinarians are frequently involved in diagnosis and treatment of various diseases of different animal species including reptiles. A strong database based on large-scale investigations on existing ailments in reptile is needed in India. A university veterinary hospital provides a unique and strong platform to assess latest information on diseases of any animal species. The veterinary hospital of Kamdhenu University, Gujarat was started in April-2018 and is dealing with diagnosis and treatment of different animals. A study was undertaken to record prevalence of different diseases and disorders of reptiles on the basis of cases registered between April-2018 to December-2019. Overall, 2586 cases were registered out of which, 57 cases were reptiles with an overall prevalence of 02.20%. The registered cases belonged to 10 individual reptilian species and diseases were recorded under 11 of 17 subcategories defined for the study. Overall, highest percentage of cases were brought for general health checkup before release followed by clinical cases of digestive disorders, dermatological disorders, minor surgical conditions, general systemic conditions, dog-bite, respiratory tract disorders, major surgical conditions, nutritional/metabolic/deficiency disorders, locomotory disorders, toxicity/poisoning and miscellaneous conditions. It is concluded that the results of the study will provide a baseline data on existing disease conditions in reptiles and also generate a strong platform for research benefiting the reptiles in future.

Keywords: Categories, diseases, Gujarat, prevalence, reptiles, veterinary hospital

Introduction

The Indian subcontinent has various climatic zones which provide suitable habitat for growth and survival of a large number of animal species ^[1]. The reptiles are of significant importance to the ecosystem of a geographical region. Gujarat state also has a remarkable population and types of reptiles ^[2] including some venomous snakes (e.g., Indian spectacled cobra, Russell's viper, Common krait etc.), non-venomous snakes (e.g., Rat snake, Common trinket snake etc.), lizards (e.g., Common monitor lizard), crocodiles (e.g., Marsh crocodile) as well as different species of turtles (e.g., Indian flapshell turtle) and tortoises (e.g., Indian star tortoise).

Reptiles can suffer from diseases and disorders because of various reasons. Literature is available on diseases of reptilian species in countries other than India which suggest that reptiles can suffer from bacterial diseases [e.g., septicemia, Septicemic Cutaneous Ulcerative Disease (SCUD), ulcerative or necrotic dermatitis, abscesses, infectious stomatitis, mycoplasmosis, otitis etc.]; mycotic diseases [e.g., infection by *Aspergillus* spp., dermatophytosis etc.]; viral diseases [e.g., snake mite *Ophionyssus* spp., ticks belonging to *Amblyomma* spp. etc.]; protozoa and endoparasites [e.g., Pentastomes etc.]; environmental conditions and traumatic injuries [e.g., burn, fractures, injuries, prey-induced trauma etc.]; metabolic and endocrine diseases [e.g., gout, osteopathy etc.]; reproductive disorders [e.g., egg-bound condition]; and certain neoplastic conditions [3, 4, 5, 6].

Such a detailed classification on the basis of etiology or system-involvement does not exist in India. Scientific literature is available from research or case studies on captive and/or wild species of Indian reptiles. For example, tick infestation in captive and wild snakes ^[7, 8]; necrosed venom gland in cobra ^[9]; injury in captive and rescued snakes ^[10, 11]; moth fly larvae infestation and shell infection in Indian flapshell turtles ^[1, 12]; fractured carapace, internal parasites and cloacal prolapse in Indian star tortoises^[13, 14, 15, 16, 17]; automobile accident and foreign body gastritis in crocodiles ^[18, 19]; tick infestation in monitor lizards ^[8, 20, 21] etc.

Hence, there is a need to establish baseline data on existing prevalence of infectious and non-infectious conditions in Indian reptiles.

Veterinarians are directly involved in diagnosis and treatment of healthcare issues in reptiles. Clinical services are provided at veterinary polyclinics, hospitals, dispensaries, mobile veterinary units functional under state animal husbandry department; wildlife care centers or rescue centers functional under forest department; and also at hospitals functioning under veterinary colleges of Gujarat. Increasing numbers of private veterinary clinics in urban and rural areas is also a promising sign for better healthcare services. Here, a wellestablished veterinary hospital or Teaching Veterinary Complex (TVC) of a veterinary university provides a strong platform to conduct clinical research because of direct involvement of expert clinicians, academicians, young researchers and experienced scientists trained to conduct research and disseminate knowledge to the scientific community and society. Prevalence of diseases in hospital population of reptiles has not been documented in Gujarat. A study was undertaken to assess prevalence of different

diseases and disorders on the basis of cases registered at the veterinary hospital between April-2018 to December-2019. The results of the study are documented in this paper.

Materials and Methods Place of Study

The present study was carried out at veterinary hospital functioning under the Postgraduate Institute of Veterinary Education & Research (PGIVER), Kamdhenu University at Rajpur (Nava), Himmatnagar, Gujarat. It is providing veterinary services for mammalian, avian and reptilian species since its inception in April-2018. The present study was aimed to record prevalence of diseases and disorders of reptiles which included analysis of cases registered, examined, diagnosed and treated at hospital.

Sample Collection & Diagnostic Methods:

Sample collection, laboratory examination, diagnostic approaches and therapeutic management were followed as per available guidelines/references depending on case presentation (Table-1).

Table 1: Literature referred for sample collection, laboratory examination, clinical diagnosis and therapeutics

Sample for disease diagnosis	Reference
Faeces/excreta, Ticks	Soulsby (1982) ^[22] ; Barger and Macneill (2015) ^[23]
Blood (whenever required)	Barger and Macneill (2015) ^[23] ; Jain (1986) ^[24]
Methodology	Reference
Staining (whenever required)	Koneman et al. (1992) ^[25] ; Barcia (2007) ^[26] ; Thairu et al. (2014) ^[27]
Examination of Faeces/excreta, identification of Ticks	Catherine et al. (2017) ^[7] ; Soulsby (1982) ^[22] ; Arsalan et al. (2008) ^[28]
Literature read for diagnostics and	Divers and Stahl (2015) ^[3] ; The Merck Veterinary Manual (2016) ^[4] ; Fowler and Miller (2003) ^[5] ; Longley
therapeutics	(2010) ^[6] ; Catherine <i>et al.</i> (2017) ^[7] ; Radostits (2000) ^[29] ; Chakrabarti (2004) ^[30] ; Chakrabarti (2006) ^[31]

Categorization of Registered Cases

Two broad categories, *viz.*, [A] Category-A: Different Types of Diseases & Disorders (with 17 subcategories) and [B] Category-B: Other Categories of Cases (with 2 subcategories) were defined based on the cases registered between April-2018 to December-2019 (Table-2).

Reptiles requiring therapeutic management for different diseases were included in different subcategories of Category-A. Reptiles which were brought for physical checkup and found clinically healthy were included in 'GHC before release' subcategory of Category-B. The data generated from the study is depicted as *percentage-analysis only*.

Table 2: Categories and subcategories defined based on cases registered at veterinary hospital from April-2018 to December-2019

S. No.	Category/Condition/System involved								
Category-A: Different Types of Diseases & Disorders									
1	Aural Disorders	10	Miscellaneous Conditions						
2	Dermatological Disorders	11	Neurological Disorders						
3	Digestive Disorders	12	Nutritional/Metabolic/Deficiency Disorders						
4	Dog-bite	13	Ophthalmic Disorders						
5	General Systemic Conditions	14	Reproductive/Genital Disorders						
6	Haemoprotozoan Diseases	15	Respiratory Tract Disorders						
7	Locomotory Disorders	16	Toxicity/Poisoning						
8	Major Surgical Conditions	17	Urinary Tract Disorders						
9	Minor Surgical Conditions	-	-						
	Category-B: Other Categories of Cases								
1	General Health Checkup (GHC) before release	2	Pregnancy Diagnosis						

Results and Discussion

Overall Prevalence

Overall, 2586 cases were registered at veterinary hospital

between April-2018 to December-2019 out of which, 57 cases belonged to reptiles with an overall prevalence of 02.20% (Table-3).

Table 3: Distribution of total registered cases and cases of reptiles

Duration	Total registered cases	Cases of reptiles
April to December, 2018	417	17 (04.08%)
January to December, 2019	2169	40 (01.84%)
Overall total	2586 (100.00%)	57 (02.20%)

The percentage of case distribution comparatively reduced from initial 04.08% (in April to December-2018) to 01.84% (in January to December-2019). The number of cases of reptiles comparatively increased from initial 17 (in April to December-2018) cases to 40 (in January to December-2019) which could be due to increased awareness regarding establishment of a functional veterinary hospital in the area.

Generally, there is a tendency among snake handlers and rescuers to bring rescued reptiles to veterinary hospital for general physical checkup before releasing them back to the wild. Initially, lack of awareness on reptiles was also observed among villagers/local residents which could have led to development of stress conditions associated with conflicts ^[32]. However, villagers have gradually developed cautious approach, quick response and they usually contact rescuers when they notice presence of reptiles in surroundings areas. This approach is very useful because it promotes timely rescue of reptiles, safeguards human population and reptiles, reduces chances of human-reptile conflicts, and leads to reduced chances of release of sick reptiles. It is also possible that some sick reptiles in remote areas could have gone unnoticed by local residents and rescuers. Thus, registration of cases at veterinary hospital considerably depended on the awareness about reptiles among villagers and rescuers.

Overall Category-wise Prevalence

Category-wise distribution of cases registered between April-2018 to December-2019 is shown in Table-4.

The highest percentage of cases were registered under GHC before release subcategory (26.32%) followed by clinical cases of Digestive Disorders (21.05%); Dermatological Disorders (14.04%); Minor Surgical Conditions (08.77%); General Systemic Conditions (07.02%); Dog-bite and Respiratory Tract Disorders (05.26%, each); Major Surgical Conditions and Nutritional/Metabolic/Deficiency Disorders (03.51%, each); Locomotory Disorders, Toxicity/Poisoning and Miscellaneous Conditions (01.75%, each).

Cases were not registered under 07 subcategories, *viz.*, Aural Disorders, Haemoprotozoan Diseases, Neurological Disorders, Ophthalmic Disorders, Reproductive/Genital Disorders, Urinary Tract Disorders and Pregnancy Diagnosis. However, there is a possibility that various disease conditions may be reported under these subcategories in future.

a N		April	to December-2018	Januar	Overall			
S. No.	Category/Condition/System involved		(n=1 7)		(n=40)	(1N=57)		
		No.	%	No.	%	No.	%	
	Category-A: Dif	ferent Ty	pes of Diseases & Di	sorders				
1	Dermatological Disorders	01	05.88%	07	17.50%	08	14.04%	
2	Digestive Disorders	06	35.30%	06	15.00%	12	21.05%	
3	Dog-bite	00	-	03	07.50%	03	05.26%	
4	General Systemic Conditions	03	17.65%	01	02.50%	04	07.02%	
5	Locomotory Disorders	00	-	01	02.50%	01	01.75%	
6	Major Surgical Conditions	00	-	02	05.00%	02	03.51%	
7	Minor Surgical Conditions	01	05.88%	04	10.00%	05	08.77%	
8	Miscellaneous Conditions	00	-	01	02.50%	01	01.75%	
9	Nutritional/Metabolic/Deficiency Disorders	00	-	02	05.00%	02	03.51%	
10	Respiratory Tract Disorders	01	05.88%	02	05.00%	03	05.26%	
11	Toxicity/Poisoning	01	05.88%	00	-	01	01.75%	
Category-B: Other Categories of Cases								
1	GHC before release [Normal]	04	23.53%	11	27.50%	15	26.32%	
	Total	17	100.00%	40	100.00%	57	100.00%	

Table 4: Category-wise distribution of case	s of reptiles registered fro	om April-2018 to December-2019
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Distribution of Cases in Different Reptiles:

The category-wise distribution of cases in different reptilian species are shown in Table-5. Fifty seven cases included registration of cases in 10 different types of reptiles brought to veterinary hospital between April-2018 to December-2019. This included nonvenomous snakes (04 types), venomous snake (01 type), python (01 type), tortoise (01 type), turtle (01 type), terrapin (01 type) and monitor lizard (01 type).

Out of 57 cases registered between April-2018 to December-2019, the highest percentage of cases were registered for Indian star tortoise [*Geochelone elegans*; 35.09%] followed by Rat snake [*Ptyas mucosa*; 19.31%]; Indian spectacled cobra (*Naja naja*) and Indian rock python (*Python molurus*) [12.28%, each]; Indian flapshell turtle [*Lissemys punctata*;

07.02%]; Red eared slider [*Trachemys scripta elegans*; 05.26%]; Checkered keelback snake [*Xenochrophis piscator*; 03.51%]; Common trinket snake (*Coelognathus helena*), Black headed royal snake (*Spalerosophis atriceps*) and Bengal monitor/Common Indian monitor [*Varanus bengalensis*; 01.75%, each].

The variation in the registered reptilian species could be due to availability/existence and variation in population of reptiles in different localities, experience of rescuers/handlers, cooperation of villagers, awareness among local residents, personal interest to save reptiles, communication between local residents and rescuers/staff of forest department, frequency and requirement of rescue operations in a particular area, season etc. Table-5: Case distribution for individual reptilian species brought to veterinary hospital from April-2018 to December-2019

S. No.	Category/Condition/System involved		SC RS		CKBS		CTS		BHRS		IRP		IST		RES		IFST		BM/CIM		
			'19	'18	'19																
	Category-A: Different Types of Diseases & Disorders																				
1	Dermatological Disorders	-	-	1	I	-	I	I	I	-	I	-	4	-	-	-	1	-	2	-	1
2	Digestive Disorders	-	-	-	1	-	I	I	I	-	I	-	I	5	4	1	1	-	-	-	-
3	Dog-bite	-	1	-	-	-	1	-	-	-	-	-	-	-	2	-	1	-	-	-	-
4	General Systemic Conditions	-	-	-	-	-	-	-	-	-	-	1	-	1	-	-	-	1	1	-	-
5	Locomotory Disorders	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
6	Major Surgical Conditions	-	1	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
7	Minor Surgical Conditions	-	-	-	1	-	-	-	-	-	-	-	1	1	2	-	-	-	-	-	-
8	Miscellaneous Conditions	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-
9	Nutritional/Metabolic/Deficiency Disorders	-	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	Respiratory Tract Disorders	-	-	-	I	-	-	I	1	-	I	-	I	1	1	-	-	-	-	-	-
11	Toxicity/Poisoning	1	-	-	I	-	-	I	I	-	I	-	I	-	-	-	-	-	-	-	-
	Categor	y-B	: Ot	her	Cat	egor	ies (of C	ases	5											
1	GHC before release	3	-	1	6	0	2	I	I	-	1	-	1	-	1	-	-	-	-	-	-
	Year-wise distribution of cases	4	3	2	9	0	2	0	1	0	1	1	6	8	12	1	2	1	3	0	1
Overall number of cases (N=57)		07		11		02		01		01		07		20		03		04		01	
	Overall percentage (100.00%)	12.2	28%	19.3	31%	03.5	51%	01.7	/5%	01.7	75%	12.2	28%	35.0)9%	05.2	26%	07.0	2%	01.	75%

'18= April to December, 2018; '19= January to December, 2019

Other abbreviations: ISC=Indian spectacled cobra; RS= Rat snake; CKBS=Checkered keelback snake; BHRS= Black Headed Royal snake; IRP=Indian rock python; IST=Indian star tortoise; RES=Red eared slider; IFST=Indian flapshell turtle; BM/CIM=Bengal monitor/Common Indian monitor lizard

Types of Cases

Different types of cases observed in different reptilian species

are shown in Table-6. Some representative pictures of disease conditions are depicted in Figure-1 to Figure-7.

Table-6: Different types of diseases, symptoms and cases registered in reptilian species from April-2018 to December-2019

S. No.	Reptilian species	Types of conditions/symptoms/registered cases				
		GHC before release [Normal]Dog-bite				
1	Indian anastaslad solution (Main units)	Accidental organophosphate poisoning				
1	mulan spectacieu cobra (<i>Naja naja</i>)	Dysecdysis, dehydration and debility				
		Traumatic injury				
		GHC before release [Normal]				
		Infection on tail				
2	Rat snake (Ptyas mucosa)	Gastrointestinal worm infestation (Strongyloides spp.)				
		Traumatic injury				
		Dysecdysis and rostral abrasion				
3	Checkered keelback snake (Xenochrophis piscator)	GHC before release [Normal]				
4	Common trinket snake (Coelognathus helena)	Pneumonia				
5	Black headed royal snake (Spalerosophis atriceps)	GHC before release [Normal]				
		GHC before release [Normal]				
6	Indian rock python (Python molurus)	Tick infestation (Amblyomma gervaisi)				
0		Traumatic injury				
		Stress and shock				
		Anorexia				
		Diarrhea				
		Hypothermia				
		Traumatic injury				
7	Indian star tortoise (Geochelone elegans)	Fracture of carapace				
		Prolapse				
		Maggot wound				
		Pneumonia				
		Gastrointestinal worm infestation (Nematodes)				
8	Pod oprod slider (Trachemus scripta cleares)	Anorexia				
0	Ked eared sider (Trachemys scripta elegans)	Limb edema, fibrosis and metabolic bone disease				
		Shell and skin infection				
9	Indian flapshell turtle (Lissemys punctata)	Hypothermia				
		Dehydration and debility				
10	Bengal Monitor/Common Monitor (Varanus bengalensis)	Tick infestation (Amblyomma gervaisi), injury on tail and giardiasis				

The diseased reptiles were treated by use of suitable therapeutic agents based on suggestions mentioned in different resources ^[3, 4, 5, 6]. There is no available published literature with such an extensive documentation on prevalence

of diseases and disorders of reptiles in Gujarat.

The database generated through the study can be utilized to initiate target-specific veterinary healthcare services for reptiles, to develop extension education strategies, to arrange

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awareness campaigns, to impart knowledge to students and veterinary practitioners regarding existing diseases of reptiles, to establish and implement disease prevention strategies, and to conduct advanced research on diseases of reptiles in future.



Fig 1: Treatment of accidental poisoning in an Indian spectacled cobra



Fig 2: Dog-bite wounds in an Indian spectacled cobra



Fig 3: Infection on tail of a Rat snake



Fig 4: Traumatic injury in an Indian rock python



Fig 5: Tick infestation in an Indian rock python (Female Amblyomma gervaisi tick)



Fig 6: Shell infection in an Indian flapshell turtle



Fig 7: Fractured carapace in an Indian star tortoise

Conclusions

The findings of the study provide baseline data on existing prevalence and types of various diseases in reptiles. It is concluded that such large-scale investigations should be carried out on regular basis and documentation of individual cases should also be encouraged to generate a strong database on existing healthcare issues faced by the reptiles. Such investigations will be helpful for veterinary practitioners, academicians, scientists and biologists to understand existing systemic diseases of reptiles and to develop necessary healthcare and management strategies for effective reptile conservation.

Conflict of Interest

Authors declare no conflict of interest with special regards to funding. The study did not involve experimental trials on any reptile.

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